



## PE Progression map Wymondham

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Introduction to PE: Unit 1 Fundamentals: Unit 1	Ball skills: Unit 1	Gymnastics: Unit 1	Games: Unit 1	Fundamentals: Unit 2	Ball skills: Unit 2
KS1	Ball skills	Sending and Receiving	Target Games	Invasion Games	Fitness	Athletics
	Fundamentals	Dance	Gymnastics	Striking and Fielding Games	Team Building	Net and Wall Games
KS2 Year A	Swimming	Basketball	Fundamentals Y3/4	Golf	Cricket	Athletics
	Ball skills Y3/4	Dance	Gymnastics	Football	Tennis	Rounders
KS2 Year B	Swimming	Tag Rugby	Hockey	Tennis	Cricket	Athletics



	Netball	Volleyball Y5/6	Gymnastics	Badminton Y5/6	Fitness	Handball
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